

# A 4-Credit Online Foundation Course on “Fostering Personal Development and Social Progress”

An Online University Approved Course for U.G. Students of All Faculties of Savitribai Phule Pune University, Pune



Join Now

## Who should do this Course?

U.G. students of all faculties

## Why should I do this Course?

- To develop my personality & talents
- To acquire 21st Century skills
- To develop positive attitudes
- To earn 4 Credits
- To *give* to my family & my community
- To live a more meaningful life
- To become motivated & inspire others
- To be happier
- To make my parents proud
- To be successful in life

## What will I experience In this course?

- Joyful Learning
- Pair and Team Activities
- Student-friendly LMS, accessible anytime, anywhere
- Uncomplicated and straightforward learning
- An affordable fee of Rs. 500/- only
- One year access to the Course

## Course Design

“Fostering Personal Development and Social Progress” Course has a scenario-based design and includes theoretical study as well as practical and fieldwork. Sessions are participatory, cooperative and experiential. The Course components include interesting video/audio tracks, discussion forums, educational games, assignments, and reports. The two modules of the Course, each having 2 Credits, are as follows:

**MODULE 1:** Building Capabilities For Personal Development & Social Progress (2 Credits)  
**MODULE 2:** Community Development & Project (2 Credits)

**Medium:** Marathi and English



*I believe that I am “... a mine rich in gems of inestimable value. Education can, alone, cause it to reveal its treasures, and enable mankind to benefit therefrom”*

## What skills will I learn in this Course?

### PERSONAL SKILLS

Network building, listening, self-management, learning, self-analysis, artistic creativity, distinguishing truth from false, self-assessment, reflection, online ethical interaction, emotional resilience

### PROFESSIONAL & CAREER DEVELOPMENT SKILLS

Team building, planning, presentation, communication, organizational skills, leadership, motivating, problem-solving, creative thinking, delegating, analyzing, inspiring, oratory, conflict resolution, consultation, team discussion, decision making, working under stress, visualization, imagination, documentation, community engagement skills

### SOCIAL SKILLS

Managing relationships, cooperation, tolerance, persuasion skills, fostering initiative, community research, community survey, resolving moral dilemmas, planning, community project, raising social awareness

Vision-oriented, service, collaboration, scientific attitude, understanding, punctual, faith, respect, fair-minded, enthusiastic, playfulness, open-minded, self-confidence, responsible, appreciative, planning, impartial, commitment, enterprising, innovative, ‘do it now’, joyful, attentive, sympathetic, motivating, humble, ‘can do’, disciplined, inspiring, learning, precise, passion for truth, adjustment, unbiased, transparent.

Also discussion on negative attitudes that we need to leave behind to develop moral capabilities.

*What attitudes will I develop in this Course?*

## Assessment & Evaluation

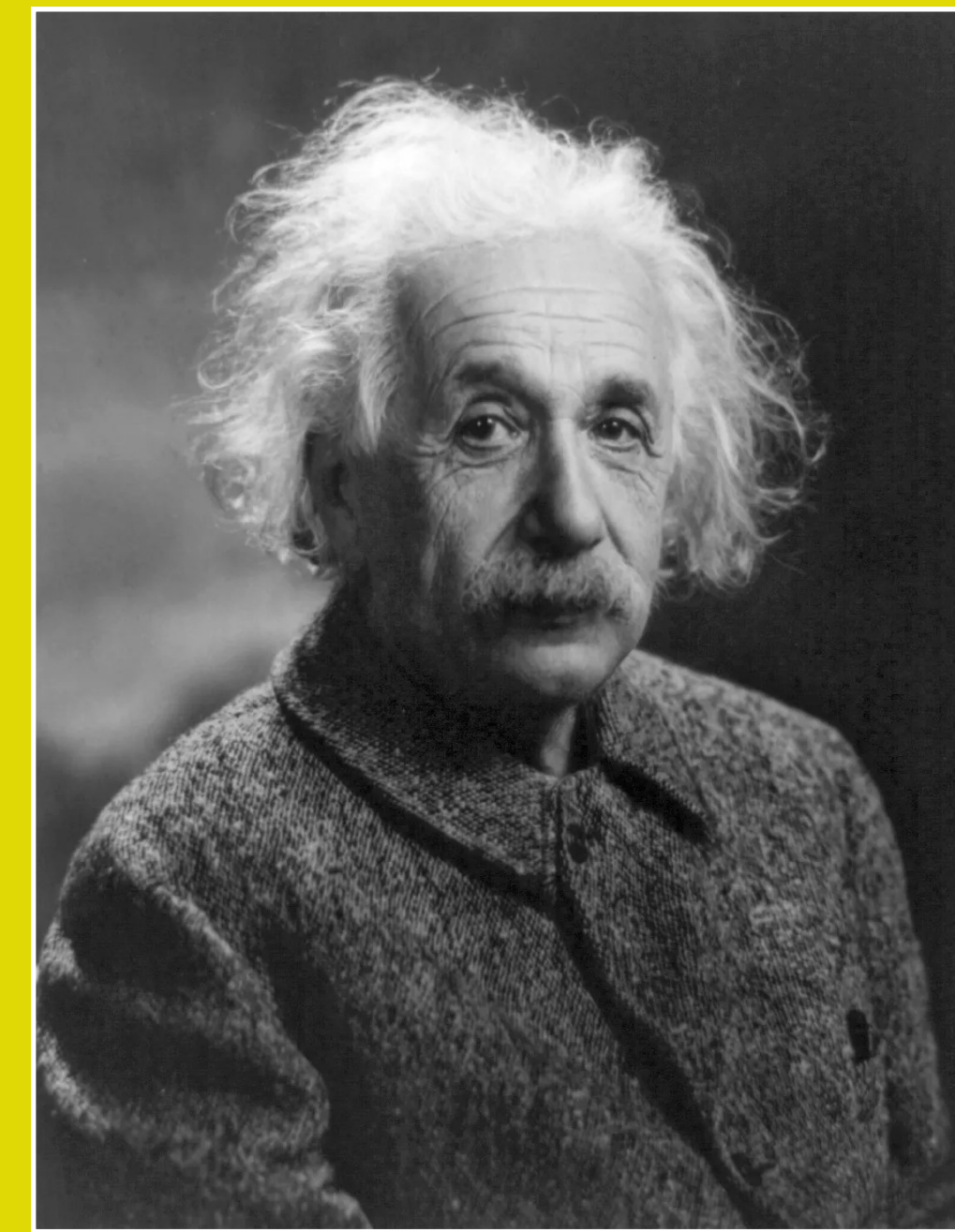
Every activity you do throughout the course and every assignment you complete will add to your marks towards your final grade.

There will also be an online end-examination.

## Significance of the Course

When moral, intellectual, physical, and spiritual education are combined, our real potential can be fully developed. Today’s education system is mostly about subject knowledge, and information about the external world; unfortunately holistic development of students to shape their future, is neglected”. According to Albert Einstein, the consequences of the neglect of value education are “perfection of the means and confusion of the ends.” (Ref. Dhar P L, 2013, Value Education- Challenges and Possibilities, <http://www.slideshare.net/PLDhar/value-education-challenges-and-possibilities>) **Fostering Personal Development and Social Progress Course focuses on students’ value system and holistic development.**

This 4-Credit Online Course helps you to practice healthy attitudes and applying them to your real life, and to society. These are done through participatory and experiential learning and activities. You begin to build your capabilities to walk the straight path and promote uprightness in your extended families, and communities, promote gender equality, justice, and ethics. **You will become a builder of unity based on diversity and promoter of unity of action.**



According to the New Education Policy, 2020, the principles that should guide education include “emphasis on conceptual understanding (rather than rote learning and learning-for-exams), on creativity and critical thinking (to encourage logical decision-making and innovation), on values and ethics, and on life skills (e.g., cooperation, teamwork, communication, resilience); regular formative assessment for learning rather than the summative assessment that encourages today’s ‘coaching culture’; a respect for diversity and respect for the local context in all curriculum, pedagogy, and policy...” (Ref.: Ministry of Education, Government of India, National Education Policy 2020, 5.1, p. 5) These are among the features of Fostering Personal Development and Social Progress Course.

About vision for India’s Higher Education System, the NEP says, that keeping in mind the requirements of the 21st century, “the aim of a quality university or college education must be to develop good, well-rounded, and creative individuals. It must enable an individual to ... build character, ethical and constitutional values, intellectual curiosity, scientific temper, creativity, spirit of service, and 21st century capabilities across a range of disciplines .... A quality higher education must enable personal accomplishment and enlightenment, constructive public engagement, and productive contribution to society. It must prepare students for more meaningful and satisfying lives and work roles and enable economic independence. (ibid, p. 25) “Lessons in seva/ service, and participation in community service programmes, will also be considered an integral part of liberal education.” (ibid, pp. 29-30) Fostering Personal Development and Social Progress Course brings these 21st-century capabilities to you through joyful learning and creative activities at personal, family and community levels.

Savitribai Phule Pune University has approved this 4-credit online Foundation Course “Fostering Personal Development and Social Progress” (University Circular No-330-2022 Reg\_16112022 pdf) for the U.G. students of all faculties and affiliated Colleges. The syllabus of this Course is available on the University website.

This Course is also well-connected with the NEP 2020, as well as assessment and accreditation criteria of NAAC and NBA.



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